

# Where learning, socializing, and fun come together!!!!

FLY Center was founded by Virginia Wong, MS Ed, BCBA, LBA-NY. Virginia has worked with children diagnosed with autism spectrum disorder and other developmental disabilities for over 15 years in educational, home, and community settings. Through her experience working with children and families, she has learned the importance of providing support beyond the walls of a classroom.

With a team of experienced clinicians and the use of evidence-based practices, Virginia strives to put together programs to meet individual strengths and needs and build meaningful and functional life skills for FLY's clients.

#### **FLY Center**

131 W. 110th Street Directly across from Central Park between Lenox Avenue & Adam Clayton Powell Boulevard

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Aetna and GHI insurance accepted for ABA services. Pre-authorization is required.

FLY Center offers classes and programs to children and young adults diagnosed with autism spectrum disorder and other developmental disabilities.

In response to COVID-19, all social programs are modified and provided both in-person and on ZOOM. Protocols following CDC guidelines are in place at the center.

#### Social Skills Programs (ages 4-14)

FLY's social skills groups are designed to teach social play skills and peer interactions while using evidence-based practices. The groups are small with no more than 4 children and highly structured to focus on imitation, independent and cooperative play skills, social games, initiating play and social interactions, and initiating and maintaining conversations. These skills are taught programmatically within various games and activities. Intakes are conducted prior to joining to ensure children are placed in groups with complementary skills.

#### Teens and Young Adults Programs (ages 14 and older)

FLY's clubs provide opportunities for teens and young adults to sign up for fun activities such as Music and Movement, Board Games, Healthy Snack and Treats Cooking, Holiday Arts and Craft, Mad Science, and Animated Short Films. Clubs are led by trained staff members to facilitate social interaction and practice life skills. Instruction modification and communication supports are provided as needed. Only 8 accepted per club hour.

## Applied Behavior Analysis (ABA) - Telehealth, Home and Center Based

FLY follows the principles of ABA to develop a plan that meets individual needs and goals of the child. In collaboration with the child's family, school and related service providers, programs and interventions are developed and implemented in 1:1 sessions to address academic, daily living, social, and leisure skills. The child has opportunities to acquire these skills across different settings and generalize into environments where they live, learn and play.

### Parent/Caregiver Coaching and Support

FLY provides 1:1 coaching and individualized plans with all caregivers to address areas such as toilet training, self-management, doctor appointments, hygiene care and haircuts, and other functional life skills that can be challenging to some families. Coaching and support to carry out strategies and interventions are provided at home, community and on Zoom.

Please visit **www.flycenternyc.com** for additional information and enrollment.